

2022 ICWOA Conference Agenda
Hard Rock Hotel & Casino – Tulsa

Friday Schedule (9/30/22)

8:00am	-	5:00pm	Group Outings - Golf/Biking/Etc.
3:30pm	-	6:30pm	Conference Room Setup and Presentation Review
5:30pm	-	6:30pm	ICWOA Board of Directors Meeting
7:00pm	-	9:00pm	Evening Social – Location TBD

Saturday Schedule (10/1/22)

7:00am	-	8:00am	Event Registration & Continental Breakfast - (Meet and Greet)
8:00am	-	8:10am	Welcome – Clark Conover – ICWOA President
			Introduce ICWOA Board & Meeting Agenda
8:10am	-	8:25am	ICWOA Membership Meeting – Dan Lang and Treasury Report – Jeron Quincy
8:25am	-	8:45am	ICWOA Mentorship Program 2022-2023 – Frank Pavich
8:45am	-	9:00am	Optimizing Your Performance – Virtual Reality Brain Training
9:00am	-	9:15am	Welcome to Collegiate Women’s Wrestling – Rusty Davidson
9:15am	-	9:30am	RefQuest Introduction and Overview – Bo Boroski (CEO & Founder)
9:30am	-	9:45am	Break ☕
9:45am	-	11:30am	Keynote Speaker – Jim Gibbons – “We Own Two” 🙌
11:30am	-	12:30pm	Lunch
12:30pm	-	2:30pm	Break-Out Session #1 - On The Mat & Whistle
		Men’s	On Mat Situations – Lead by NCAA Championship Officials
		Women’s	On Mat Situations – Lead by Freestyle Championship Officials
2:30pm	-	2:45pm	Break ☕ (transition to classroom sessions)
2:45pm	-	4:45pm	Break-Out Session #2 - Classroom
		Men’s	2022-2023 Outlook – (NCAA, NAIA, B1G, B12, MAC, etc.) NCAA Wrestling Rules Update – Matt Sorochinsky “Make The Call” – Matt Sorochinsky
		Women’s	Skills and Technique – Rusty Davidson
4:45pm	-	5:00pm	Closing remarks – ICWOA President – Clark Conover
5:00pm			Group Photo – All Attendees
5:00pm	-	7:00pm	Social - All Attendees
			Sunday Schedule (10/1/22)
8:00am	-	10:00am	NCAA Test